

NORTHFIELD



GOLF

**Northfield Nighthawks
Girls' Golf
Parent/Athlete Handbook
2018 - 2019**

Golf Program Overview

The goal of the Northfield High School golf program is to create a welcoming environment while building an inclusive and competitive program.

USEFUL INFORMATION

1. THE COACH:

Coach Meikle is an avid golfer, certified fitness professional and a graduate of Michigan State University. Having played volleyball, tennis and golf throughout high school and college, she has been a leader in sports and fitness for over two decades. As the former PE/Conditioning Coach at Northfield High School, Meikle is committed to developing and building successful athletic programs, including the launch of golf at NHS.

2. TRANSPORTATION:

Each player needs to arrange transportation to/from our practice sites. Parent volunteers and driving athletes will be crucial in helping with this need. Bus transportation will be provided to/from all tournaments, unless otherwise informed by Coach. Please be sure to contact Coach Meikle if you have concerns about transportation.

3. PRACTICE:

All participants will be able to practice. Due to the nature of access to golf courses in the Metro area, please understand that practice locations will be fluid. Most practices will be at Green Valley Ranch Golf Club or Common Ground Golf Club. Days and times to be announced. Players need to be disciplined and committed to practice on their own every chance they can outside of our scheduled times. This can be chipping in the backyard, going to the range and playing at a course. Success will depend on the willingness to work on one's own.

4. DRESS CODE:

The NHS golf team is expected to look professional and cleaned up during practices, meets and events. A collared NHS practice polo, shorts or slacks is appropriate attire for practice at our host golf clubs. NHS golf uniforms are required at all meets, matches and invitationals. On event days, the team is encouraged to wear NHS provided team warm ups or NHS gear to school to promote team spirit and unity.

Uniform Prices & Packages:

- #1 \$150 – Northfield Golf Warm Ups (top & pants), Uniform Polo and Visor
- #2 \$65 - Northfield Visor and Uniform Polo

School Issued Equipment:

Each athlete is provided with a practice polo, backpack and golf bag (for Varsity players only). These items will be checked out at the season start and returned (washed/clean) at season's end.

Practice Polos:

Additional practice polos and previous years uniforms can be purchased for \$25 each, while supplies last.

5. WHO PLAYS?

The number of golfers who can compete at each tournament is flexible depending on space. Four golfers will compete at the Varsity level each match/tournament. Competitors will be selected based on practice scores, skill evaluations at the range, practice and match composure, and academic effort and eligibility. The Nighthawks will participate in all Junior Varsity matches, as well as Varsity matches, if applicable. Athletes will be evaluated as to their position on the team on a daily basis.

6. PARENTAL ATTENDANCE AT MATCHES:

We would love to see you at all matches you can attend. You may walk on the cart path to watch your child, but Colorado High School Activities Association rules do not allow any coaching during play. You may provide comments of encouragement. It is preferred that spectators walk a half hole ahead or behind the players you are supporting.

7. RULES AND REGULATIONS:

Please take a moment to read the bulletin outlining the etiquette, rules and regulations as outlined by CHSAA: <http://chsaanow.com/sports/girls-golf/>. Should problems arise, the appropriate actions and consequences will be taken to resolve the matter in a timely fashion.

8. ELIGIBILITY:

Nighthawk students-athletes are held to the academic expectations of Denver Public Schools. Any student with more than one "F" will be ineligible for one week. Please contact Athletic Director, Polica Houston, at polica_houston@dpsk12.org if you have any questions regarding this policy.

9. PRACTICE CONDUCT:

Athletes are expected to come prepared for every practice with all necessary equipment. Cell phones must be kept in backpacks or sports bags while at practice or during tournament play unless permission is granted by the coach. If this expectation is not met, cell phones may be confiscated and returned to the parent at pick up.

10. MONEY/FUNDRAISING:

The NHS Athletic Department is committed to all athletic programs at Northfield. As the season and program progress, there will be opportunities to financially support our student-athletes. Please contact Athletic Director, Polica Houston, at polica_houston@dpsk12.org if you are interested in providing support. In addition, participation by all student athletes and parents is *mandatory* at our annual spring golf tournament fundraiser.

11. SNACKS:

Athletes require fluids and food before, during and after practices, tournaments, and weekday matches. Please work to ensure your child has adequate food and drink for practices.

12. BANQUET:

An end of year celebration will take place following regular season. Contact Coach Meikle at krista_meikle@dpsk12.org if you are interested in working with a committee to plan the end of the season banquet.

13. COMMUNICATION:

All pertinent information including schedules, fundraising, news and photos are updated on our team website at www.northfieldgolf.net. In addition, please make sure you join our team's Remind.com account. This will be used to communicate all details and updates through the season. See instructions below. If you have any questions or concerns that have not been addressed, feel free to call contact Coach Meikle at 303-810-2706. You can also send an email to krista_meikle@dpsk12.org.

HOW TO SIGN UP: Visit www.remind.com/join/nhsgirlsgo OR text message “@nhsgirlsgo” to the number “81010 or email nhsgirlsgo@mail.remind.com for detailed instructions.

14. WEATHER:

Plan on being flexible with practice, matches and tournament schedules due to weather. Communication about changes will occur via Remind.com and/or school announcements.

2018-19 VOLUNTEER OPPORTUNITIES

Participation from both players and parents is key to making this season a success. Here is a list of ways parents can volunteer:

- **Transportation** – providing rides to/from practice and pick up from tournaments.
- **Fundraising** - participate in annual golf tournament fundraiser to raise funds for extra equipment, tournament fees, scholarships, etc.
- **Banquet** – help to plan and organize end of year event

If you're interested in helping in any of these areas, please contact Coach Meikle at krista_meikle@dpsk12.org.